

Journal of Education and Training Studies
Vol. 4, No. 1; January 2016
ISSN 2324-805X E-ISSN 2324-8068
Published by Redfame Publishing
URL: http://jets.redfame.com

# Epistemological Beliefs and Academic Achievement

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Received: September 21, 2015 Accepted: October 13, 2015 Online Published: October 20, 2015

#### Abstract

This study aimed to identify the relationship between teacher candidates' epistemological beliefs and academic achievement. The participants of the study were 353 teacher candidates studying their fourth year at the Education Faculty. The Epistemological Belief Scale was used which adapted to Turkish through reliability and validity work by Deryakulu and B üy ük özt ürk (2005) and consisted of three sub-dimensions (i.e. belief of learning depending on effort, belief of learning depending on talent and belief of the existence of only one truth). In data analysis, t-test, one-way ANOVA and Pearson Product-Moment Correlation Analysis were employed. The findings showed that the teacher candidates' epistemological beliefs differed based on major. In addition, it was found that there was a statistically significant relationship between only the belief of learning depending on talent, among other sub-dimensions of epistemological beliefs, and academic achievement.

Keywords: epistemological beliefs, academic achievement, socio-economic variables

#### 1. Introduction

Beliefs are strong determiners of individuals' thoughts and behaviours. For this reason, educators should consider many type of beliefs such as self-efficacy belief, belief toward intelligence and belief toward learning in terms of learning and teaching (Deryakulu, 2006, cited in İlhan & Çetin 2013). This necessity also includes epistemological beliefs that are shown to be important in the learning-teaching process.

The examination of epistemological beliefs as a branch of philosophy in education and psychology started with Piaget's work on genetic epistemology in 1950's and the studies of Perry, who was an educational psychologist, with university students in 1960's. Piaget attracted the attention to this field in which philosophy and psychology are intersected by presenting his cognitive development theory that he defined with the concept of genetic epistemology (Hofer & Pintrich, 1997; Schommer-Aikins, 2004 cited in Bedel & Cakır).

Perry, who conducted the first studies in this issue, described epistemological beliefs as those reflecting individuals perspectives on the criteria in defining knowledge, its limitations, precision and how it is acquired. As Brownlee (2003) reported from Perry (1981), he defined four different characteristics related to epistemological beliefs that teacher candidates have during their education including dualism, multiplism, relativism and commitment (Brownlee,(2001) cited in Belet & Güven, 2011). In short, Perry defined epistemological beliefs as "individuals' perspectives on what knowledge is, how it is acquired, its certainty, limitations and criteria" (Brownlee, Purdie & Boluton-Lewis, 2001 cited in Arslan et al.). Perry's studies on epistemological development with male university students formed the basis for much further research in this issue.

Another milestone in the examination of epistemological beliefs is the studies by Schommer and her colleagues that presented a theoretical framework for many studies later on (Schommer, 1990, 1993, 1997; Schommer & Walker, 1995 cited in Bedel and Çakır). Schommer tried to explain epistemological belief with a model of four dimensions including "simplicity of knowledge", "certainty of knowledge", "quick learning" and "learning being an innate ability" (Schommer, 1990 cited in Deryakulu, 2004) and defined epistemological beliefs as individuals' subjective beliefs of the definition of knowledge and the way in which the process of acquiring knowledge takes place (Schommer, 1990 cited in Deryakulu & B üy ük özt ürk, 2002).

Another classification similar to the levels proposed by Perry (1970) related to epistemological beliefs was made by Baxter Magolda (1992). Baxter Magolda conducted a five-year longitudinal study with 101 university students including 51 female and 50 male. In that study, interviews consisting of short-answer and open-ended questions reflecting students' epistemological beliefs every year were performed. As a result of the study, epistemological beliefs

were explained in four dimensions that were absolute, transitional, and independent and commitment. Those who believe in the certainty of knowledge have an understanding that all knowledge is certain, experts know all the rights, and individuals' duty is memorizing what is delivered by the experts. Those who believe in transition of knowledge start to understand that experts do not not everything, and knowledge might not be certain and absolute. Those who believe in the independence of knowledge have an understanding that most knowledge consists of contents that are uncertain and experts are not the only source of knowledge. As for those who believe in contextual knowledge, they think that some knowledge can be more valuable than the rest depending on the content although having the understanding that certainty is not in the nature of knowledge (İlhan et al., 2013).

Individuals who have developed epistemological beliefs mostly believe in the complexity of knowledge, the changeability of knowledge, learning taking place not suddenly but in time, and ability not being innate but could be developed later (Deryakulu, 2004). The reason is that epistemological beliefs create an epidemic suspicion in students. These beliefs can change them through social interactions and reflective thinking (Bendixen, 2002 cited in Arslan et al.).

Epistemological beliefs and students' learning strategies they use in processing knowledge are two factors that reciprocally affect each other. While individuals' epistemological beliefs affect their strategies of studying, the learning strategies they use in processing knowledge affects their formation of epistemological beliefs. Deryakulu (2004), Schommer (1993), Schommer, Crouse and Rhodes; Önen (2011), Rodriguez and Cano (2006), Cano and Cardelle-Elawar (2004), Buelens, Clement and Clarebout (2002), Ravinran, Greene and Debacker (2005), Debacker and Crowson (2006), Phan (2006), Phan (2008), Philips (2001), Chan (2003), and Kızılgüneş, Tekkaya and Sungur (2009) examined the effect of epistemological beliefs on learning strategies, academic achievement and level of understanding mathematical texts (Arslan et al.).

However, there were also those arguing that epistemological beliefs should only involve beliefs related to knowledge, and beliefs of learning should not be included (Clarebout et al., 2001 cited in Belet & Güven 2011). Examining the studies in the literature, there seems to be an agreement on the concepts of cognition and metacognition being different, and can be distinguished, from each other. Accordingly, while cognitive skills are required in fulfilling a task, metacognitive skills play a role in understanding how that task is fulfilled. Metacognitive skills are better determiners of learning compared to intelligence. In general, intelligence explains nearly 10% of the variation in learning while metacognition explains 17%. When taken together, these two variables explain 20% of the variation in learning. These findings show that the cognitive limitations that hinder students' learning process can be compensated by metacognitive awareness (Veenman, van Hout-Wolters & Afflerbach, 2006 cited in Bedel & Çakır; Schraw, 1998 cited in Bedel & Cakır).

## 2. Method

In this section, information regarding study design, participants, data gathering tool and statistical techniques used in data analysis is presented. This study employed correlational survey model. Correlational survey model aims to reveal whether two or more variables change together, and the degree of this change (Karasar, N. 2005).

This study revealed the relationship between teacher candidates' epistemological beliefs and the learning strategies they used, and whether these learning strategies, belief of learning depending on effort, belief of learning depending on talent and belief of the existence of only one truth differed based on gender and major.

The participants of the study were fourth year teacher candidates at the Elementary Education Department of Ataturk University Education Faculty. A total of 353 teacher candidates constituted the sample; 23.8% (n=84) studied elementary teaching (E.T.), 25.2% (n=89) elementary mathematics teaching (E.M.T.), 19.3% (n=68) science teaching (S.T.), 16.4% (n=58) social studies teaching (S.S.T.) and 15.3% (n=54) preschool teaching (P.T.). Besides, 45.6% of the participants were male and 54.4% female.

The Epistemological Belief Scale developed by Schommer (1993) was adapted to Turkish through validity and reliability work by Deryakulu and Büyüköztürk (2005). Including three sub-dimensions being "belief of learning depending on effort", "belief of learning depending on talent" and "belief of the existence of only one truth", the scale consisted of 34 items in 5-point Likert format with the options of (1) strongly disagree, (2) disagree, (3) not sure, (4) agree and (5) strongly agree. A high score from each of the sub-dimensions in the scale refers to immature beliefs related to that sub-dimension while a low score to mature beliefs. The Cronbach Alpha internal reliability coefficient of the scale was between .64 and .84. The Cronbach Alpha internal reliability coefficient re-calculated for the current study was found to be between .65 and .84.

The data in the study were gathered by administering the Epistemological Beliefs Scale to the participant teacher candidates in the spring semester of 2010-2011 academic year. The average answering time for the scale was observed

to be around 8-10 minutes. The analysis of the obtained data included three steps. The details regarding these steps are presented below:

- (i) Step 1 Before moving on to the statistical analyses, the data gathering tool administered to the teacher candidates was scored based on the 5-point Likert format.
- (ii) Step 2: To determine whether the teacher candidates' epistemological beliefs differ based on the gender variable, independent samples t-test was employed, and based on major one-way ANOVA was used.
- (iii) Step 3: To identify the relationship between the teacher candidates' scores in the epistemological beliefs scale and their cumulative grade point average, Pearson Product-Moment Correlation Analysis was used.

#### 3. Results

According to the t-test results based on the gender variable, no significant differences were revealed for the teacher candidates' scores in Epistemological Beliefs Scale, including each of the three factors. It was found that the teacher candidates being male or female did not cause any difference in their belief of learning depending on effort (Factor 1), belief of learning depending on talent (Factor 2) and belief of the existence of only one truth (Factor 3) (see Table 1).

Table 1. Independent Samples T-Test Results of Teacher Candidates' Scores of Epistemological Beliefs Based on Gender Variable

Variable	Gender	n	X	sd	t	p
Et 1	Male	161	35,3478	9,91291	.606	.545
Factor 1	Female	192	34.7604	8.30410	.000	
F 4 2	Male	161	29.8137	5.32002	1.562	.119
Factor 2	Female	192	30,6875	5.16191	1.302	.119
E42	Male	161	25,7267	5,25118	270	.782
Factor 3	Female	192	25.8750	4,77943	278	

As is seen in Table 2, the teacher candidates' epistemological beliefs significantly differed based on the major variable in all factors, [Factor 1 (F4-348=4.302, p<.05); Factor 2 (F4-348=3.857, p<.05); Factor 3 (F4-348=5.594, p<.05)]. The significant different in the sub-dimension related to the belief of learning depending on effort (Factor 1) was found to be in favor of the teacher candidates studying in the S.T. and S.S.T. programs. In the sub-dimension related to the belief of learning depending on talent (Factor 2), the significant difference was shown to be in favor of those studying in the E.T. program. As for the sub-dimension related to the belief of the existence of only one truth (Factor 3), the significant difference was in favor of those in the S.S.T., E.T., and P.T. programs.

Based on the findings revealed, it can be argued that S.T. and S.S.T. teacher candidates more strongly believed that learning depends on the effort compared to E.T. teacher candidates. Regarding the belief of learning depending on talent, S.S.T. teacher candidates had more developed/mature beliefs compared to other majors. Furthermore, related to the belief of the existence of only one truth, E.T., S.S.T. and P.T. teacher candidates were found to have more developed beliefs compared to S.T. teacher candidates. This result shows that the teacher candidates in the S.T. program more strongly believed the existence of only one truth compared to E.T., S.S.T. and P.T. teacher candidates.

Table 2. One-Way ANOVA Results of Teacher Candidates' Scores of Epistemological Beliefs Based on Major Variable

Variable	Major	n	X	sd	F	p
Factor 1	E.T.	84	36,29	10,94	4302	.002
	S.T.	68	32,01	7,14		
	E.M.T.	89	35,92	8,27		
	S.S.T.	58	33,08	6,69	Major LSD test	
	P.T.	54	37,46	10,28	E.TS.T.	
	Total	353	35,02	9,06	E.TS.S.T.	
Factor 2	E.T.	84	29,48	5,58	3857	.004
	S.T.	68	30,39	6,02		
	E.M.T.	89	29,68	4,10		
racioi 2	S.S.T.	58	32,62	4,14	Major LSD test	
	P.T.	54	29,88	5,80	S.S.TAll majors	
	Total	353	30,28	5,24		
Factor 3	E.T.	84	25,53	4,78	5.594	
	S.T.	68	27,60	5,42	.000	
	E.M.T.	89	26,48	4,35	Major LSD test	
	S.S.T.	58	23,82	4,98	S.TE.T. S.TS.S.T.	
	P.T.	54	24,98	4,93	S.TS.S.T. S.TP.T.	
	Total	353	25,80	4.99	D.1. 1.1.	

The results of Pearson Product-Moment Correlation Analysis conducted to examine the relationship between epistemological beliefs and grade point average are given in Table 3.

Positive significant relationship was determined between the teacher candidates' grade point averages and only the sub-dimension of the "belief of learning depending on talent" [r=.114] among the factors of the epistemological beliefs scale. However, there were no significant relationships regarding the sub-dimensions of the beliefs of learning depending on effort [r=.031] and the existence of only one truth [r=.001]. The scores obtained from the sample showed that among the epistemological beliefs, the belief related to talent was related to academic achievement.

Table 3. Correlation Matrix Between Teacher Candidates' Epistemological Beliefs and Grade Point Averages

Variables	1	2	3	4	
1-Factor 1	-				
2-Factor 2	207*	-			
3-Factor 3	052	420*	-		
4-Grade Point Average	031	.114 *	.001	-	
$\eta$ =353, *p<.05					

## 4. Discussion

In different studies examining epistemological beliefs, it is possible to find different results. For example, female and male elementary teacher candidates were shown to obtain different mean scores from the sub-dimensions related to epistemological beliefs. In this sense, while the female and male teacher candidates had different mean scores in Factor 1 "belief of learning depending on effort" and Factor 2 "belief of learning depending on talent", they had close mean scores in Factor 3 "belief of the existence of only one truth". The male teacher candidates had higher mean scores in Factor 1 "belief of learning depending on effort" and Factor 2 "belief of learning depending on talent" than the female teacher candidates. According to the t-test analysis conducted to identify whether the difference in the female and male elementary teacher candidates' mean scores in the sub-dimensions of epistemological beliefs were statistically significant, significant differences were revealed between the female and male elementary teacher candidates' mean scores in Factor 1 "belief of learning depending on effort" and Factor 2 "belief of learning depending on talent". However, there was no significant difference between the female and male elementary teacher candidates' mean scores in Factor 3 "belief of the existence of only one truth". As a result, it was found that the female elementary teacher candidates' epistemological beliefs in Factor 1 "belief of learning depending on effort" and Factor 2 "belief of learning depending on talent" were more developed/mature than those of the male teacher candidates, and their epistemological beliefs in Factor 3 "belief of the existence of only one truth" had similar characteristics. (Belet et al., 2011) In Belet and Güven's study titled "Examining Elementary Teacher Candidates' Epistemological Beliefs and Metacognitive Strategies", it is pointed out that there are various studies showing no relationship between elementary teacher candidates' academic achievement and epistemological beliefs, but they also indicated that Schommer (1993), Qian and Alvermann (2000), Deryakulu (2002), Schommer (1990), Ryan (1984), Schommer, Crouse and Rhodes (1992) showed that students with developed epistemological beliefs have high level of academic achievement. They stated that this discrepancy could be related to "sampling method" or "academic achievement scores obtained through a survey", and emphasized that this result is important in terms of making such studies more widespread (Belet et al, 2011).

While it is emphasized that the elementary teacher candidates' epistemological beliefs differed in favour of the females (t=1,74 p<0,05), in other words the female teacher candidates' epistemological beliefs were more developed than the males, it was indicated that the answers given to the "Two-Factor Working Process Scale" did not reveal a significant difference, and thus, the female and male teacher candidates had similar learning approaches (Taşkın 2012).

In Tümkaya's (2012) study titled "Examining University Students' Epistemological Beliefs Based on Gender, Year of Study, Major, Academic Achievement and Learning Styles", there were not significant difference in the dependent variables based on gender and year of study (Wilk's Lambda ( $\Lambda$ )=0.992; F(3,478)=1.221, p>.05). This result showed that the values obtained for "belief of learning depending on effort" (F(1,480) = 1.259, p> 0.05), "belief of learning depending on talent" (F(1,480) =1.087, p> 0.05), "belief of the existence of only one truth" (F(1,480) =0.885, p> 0.05) were not statistically significant differences (Tümkaya, 2012).

However, in her study with high school students, Schommer (1993) found that epistemological beliefs was a determiner of general academic achievement, and grade level and intelligence was a determiner of epistemological beliefs. On the other hand, some studies revealed a significant difference in the sub-dimensions of "belief of learning depending on effort" and "belief of learning depending on talent" in favor of female students based on the gender variable, but in the sub-dimension of "belief of the existence of only one truth" did not show a significant difference. It was determined that female students more strongly believed in learning depending on talent rather than effort compared to male students. The results being different based on the gender variable may show that students' epistemological beliefs are shaped depending on the difficulties they encounter and the opportunities they have regarding the effort they make to gain more

knowledge (Tümkaya, 2012).

According to another study, Arslan et al. found that the teacher candidates' learning strategies were a significant predictor of both female and male teacher candidates' beliefs of learning depending on effort (BLDE). While application strategy was the best predictor of male teacher candidates' BLDE, it was memory strategy for female teacher candidates. As application, memory and analysis strategies explained 99% of male teacher candidates' BLDE, they explained 91% of female candidates' BLDE (Arslan et al., 2012).

According to the Mann-Whitney U analysis based on the gender variable, there was no significant difference at the level of 0.05 for the answers given in the BLDE sub-dimension (U=4.3; p=0.87; p>0.05). As is seen in Table 3, the female and male teacher candidates' mean ranks in BLDE were close to each other, and as a result, they were not different in terms of their tendency for BLDE.

A significant difference was revealed at the level of 0.05 for the answers given in the sub-dimension of belief of learning depending on talent (BLDT) based on the gender variable (U=3.6; p=0,048; p<0.05). Examining Table 4 to identify which group was in favor of this difference, it was seen that the female teacher candidates' mean ranks (Sf=95) was lower than the male teacher candidates' (Sf=112). It can be argued that as the scores obtained from the scale decreased, the beliefs would be more matured, and thus in this dimension, the female candidates was more developed. The results of the independent samples t-test showed no statistically significant difference at the level of 0.05 between teacher candidates' gender and the sub-dimension related to the belief of the existence of only one truth, (t=-0.89; p=0.38; p>0.05) (K öse at al., 2012).

In the current study, the relationship between the teacher candidates' epistemological beliefs and academic achievement was examined. The results showed that there was a relationship between the sub-dimensions of epistemological beliefs (i.e. belief of learning depending on effort, belief of learning depending on talent and belief of the existence of only one truth) and academic achievement, which are discussed below.

According to the t-test results based on the gender variable, no significant differences were revealed for the teacher candidates' scores in Epistemological Beliefs Scale, including each of the three factors. It was found that the teacher candidates being male or female did not cause any difference in their belief of learning depending on effort (Factor 1), belief of learning depending on talent (Factor 2) and belief of the existence of only one truth (Factor 3). This result is also consistent with the studies in the literature.

According to the t-test results in terms of the gender variable, it was determined that the teacher candidates being male or female did not cause any difference in their belief of learning depending on effort (Factor 1), belief of learning depending on talent (Factor 2) and belief of the existence of only one truth (Factor 3) (see Table 1). When Table 2 is examined for the findings related to the teacher candidates' epistemological beliefs, their beliefs significantly differed based on the major variable in all factors, [Factor 1 (F4-348=4.302, p<.05); Factor 2 (F4-348=3.857, p<.05); Factor 3 (F4-348=5.594, p<.05)].

The significant different in the sub-dimension related to the belief of learning depending on effort (Factor 1) was found to be in favor of the teacher candidates studying in the S.T. and S.S.T. programs. In the sub-dimension related to the belief of learning depending on talent (Factor 2), the significant difference was shown to be in favor of those studying in the E.T. program. As for the sub-dimension related to the belief of the existence of only one truth (Factor 3), the significant difference was in favor of those in the S.S.T., E.T., and P.T. programs.

Positive significant relationship was determined between the teacher candidates' grade point averages and only the sub-dimension of the "belief of learning depending on talent" [r=.114] among the factors of the epistemological beliefs scale. However, there were no significant relationships regarding the sub-dimensions of the beliefs of learning depending on effort [r=.-031] and the existence of only one truth [r=.001]. The scores obtained from the sample showed that among the epistemological beliefs, the belief related to talent was related to academic achievement.

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